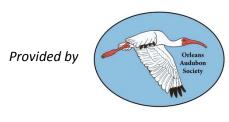
# Avian Frugivory in Louisiana by Plant Species



Summarized from Fontenot, W.R. Avian Frugivory in Louisiana. Journal of Louisiana Ornithology, Vol. 10, 2017, pp11-40.



Formatted by Ariel Kay Photos by Joan Garvey

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### INTRODUCTION

This publication summarizes the work recently published by W.R. Fontenot entitled *Avian Frugivory in Louisiana*. The article expands upon a survey of bird frugivory in Louisiana, published in 1998, in which 26 observers recorded 65 species of birds utilizing the fruits of 49 species of native, naturalized, and exotic plants in Louisiana. In the 18 years subsequent to that publication, 30 additional observers joined the original corps, adding 21 new bird species, eight additional plant species, and dozens of new bird/fruit interaction pairings to the original report. The importance of Louisiana's native fruiting plants to birds was also categorized based on the diversity of bird species (both observed and from the literature) attracted to them. Though anecdotal and strictly qualitative in nature, it is hoped that these records will generate additional bird frugivory studies in Louisiana, as well as assist wildlife managers and habitat restorationists in planning bird conservation projects throughout the U.S. Gulf Coastal region. Orleans Audubon prepared the following summary to encourage birders to report additional observations of birds eating fruits in Louisiana and to assist in native gardening to attract birds.



Summer Tanager eating Mulberries

### **ANACARDIACEAE**

# **Winged Sumac**

Rhus copallinum

**FRUITS** 

September - December

Native and very common statewide along woodland edges of most forested habitats, roadsides, hedgerows, fallow fields. Two additional species, Smooth Sumac (R. glabra) and Aromatic Sumac (R. aromatica) are mostly restricted to the northern half of the state.

#### **BIRDS**

Eastern Bluebird, Hermit Thrush, American Robin, Northern Mockingbird, Eastern Towhee, Northern Cardinal, Red-headed Woodpecker, Red-bellied Woodpecker, Northern Flicker, Pileated Woodpecker, Eastern Phoebe, Eastern Kingbird, White-eyed Vireo, American Crow, Tufted Titmouse, Veery, Swainson's Thrush, Warbling Vireo, Scarlet Tanager, Wild Turkey, Northern Bobwhite, Gray Catbird, European Starling.

# **Eastern Poison Ivy**

Toxicodendron radicans

**FRUITS** 

August - January

Native and very common statewide in nearly all forested habitats. Atlantic Poison Oak (T. pubescens), native to the northern half of the state and the easternmost Florida parishes is included as well. It is very similar to poison ivy in foliage appearance and fruiting, though more shrub-like than vine-like in habit.

#### **BIRDS**

Red-bellied, Yellow-bellied Sapsucker, Downy Woodpecker, Northern Flicker, Pileated Woodpecker, Alder Flycatcher Woodpecker, Eastern Phoebe, White-eyed Vireo, Blue-headed Vireo, Carolina Chickadee, Tufted Titmouse, Ruby-crowned Kinglet, Eastern Bluebird, Swainson's Thrush, Hermit Thrush, American Robin, Gray Catbird, Northern Mockingbird, Brown Thrasher, Cedar Waxwing, Yellow-rumped Warbler, White-throated Sparrow, Dark-eyed Junco, Summer Tanager, Northern Cardinal, Red-headed Woodpecker, Hairy Woodpecker, Eastern Wood-Pewee, Wild Turkey, Carolina Wren, Purple Finch, Fox Sparrow, Wood Duck, Northern Bobwhite

# **AQUIFOLIACEAE**

'Burford' Holly

Ilex cornuta 'Burfordii'

**FRUITS** 

October - March

A common cultivar of Chinese holly, popularly planted in gardens statewide.

#### **BIRDS**

American Robin, Northern Mockingbird, Cedar Waxwing, Northern Cardinal

# 'Savannah' Holly

llex cassine x opaca

FRUITS October - March

A common cultivar which is a hybrid of Dahoon Holly and American Holly – both native Louisiana species. Planted in gardens/landscapes statewide.

#### **BIRDS**

Northern Mockingbird

## **Deciduous Holly**

Ilex decidua

**FRUITS** 

October - February

Native statewide mostly in bottomland hardwood forest edge habitat; also hedgerows, roadsides, and fallow fields. Mostly limited to circumneutral.

#### **BIRDS**

American Robin, Cedar Waxwing, Northern Cardinal, Red-bellied Woodpecker, Yellow-bellied Sapsucker, Pileated Woodpecker, Eastern Bluebird, Wild Turkey, Northern Bobwhite.

# **American Holly**

Ilex opaca

**FRUITS** 

October - February

Native statewide in Mixed Pine-Hardwood Forests; widely planted elsewhere.

#### **BIRDS**

Yellow-rumped Warbler, Red-bellied Woodpecker, Yellowbellied Sapsucker, Northern Flicker, Hermit Thrush, American Robin, Brown Thrasher, White-throated Sparrow, Wild Turkey, Northern Bobwhite, Mourning Dove

# **Yaupon Holly**

Ilex vomitoria

**FRUITS** 

October - April

Native statewide in most forested habitats including coastal woodlands; most common along woodland edges, roadsides, hedgerows.

### BIRDS

Townsend's Solitaire, Hermit Thrush, American Robin, Cedar Waxwing, White-throated Sparrow, Northern Cardinal, Wild Turkey, Northern Bobwhite, Yellow-bellied Sapsucker

### **ARECACEAE**

### **Dwarf Palmetto**

Ilex cornuta 'Burfordii'

**FRUITS** 

August - January

Native statewide in low forests; most abundant in bottomland hardwood forest habitats. Statewide.

#### **BIRDS**

Swainson's Thrush, Hermit Thrush, Wood Thrush, Gray Catbird, Northern Mockingbird, Brown Thrasher, Northern Cardinal, Red-bellied Woodpecker, Pileated Woodpecker, Yellow-rumped Warbler

### BERBERIDACEAE

### **Nandina**

Nandina domestica

**FRUITS** 

November - February

Exotic species (China) commonly planted in gardens statewide. Occasionally escapes into the wild, but not reported to be invasive.

#### **BIRDS**

Cedar Waxwing, American Robin, Northern Mockingbird, Northern Cardinal

### **Oregon Grape**

Mahonia bealei

**FRUITS** 

August - September

.Exotic evergreen shrub (China) that grows in moist, well-drained soils in part shade (morning sun or sun dappled shade) to full shade. Occasionally escapes into the wild.

#### **BIRDS**

Northern Mockingbird, Grey Catbird, Cedar Waxwing, Northern Cardinal

### **CAPRIFOLIACEAE**

# Japanese Honeysuckle

Lonicera japonica

**FRUITS** 

August - January

Invasive exotic, naturalized in most forested habitats statewide including coastal forests.

#### **BIRDS**

White-eyed Vireo, Yellow-breasted Chat, White-throated Sparrow, Purple Finch, American Goldfinch, Northern Bobwhite, Wild Turkey, Eastern Bluebird, Hermit Thrush, American Robin, Northern Mockingbird, White-crowned Sparrow, Song Sparrow, Dark-eyed Junco, Northern Cardinal

# **Trumpet Honeysuckle**

Lonicera sempervirens

**FRUITS** 

August - January

Native to Mixed Pine-Hardwood Forests statewide; widely planted in gardens elsewhere.

#### **BIRDS**

Northern Mockingbird, Northern Cardinal, Painted Bunting, Purple Finch

# **Elderberry**

Sambucus canadensis

**FRUITS** 

July - December

Native statewide along most woodland edges, roadsides, hedgerows, fallow fields.

#### **BIRDS**

Red-bellied Woodpecker, Acadian Flycatcher, Great-crested Flycatcher, Eastern Kingbird, Red-eyed Vireo, Blue Jay, Eastern Bluebird, Veery, Gray-cheeked Thrush, Gray Catbird, Northern Mockingbird, Brown Thrasher, European Starling, House Sparrow, Prothonotary Warbler, Yellow-breasted Chat, Summer Tanager, White-crowned Sparrow, Northern Cardinal, Rose-breasted Grosbeak, Common Grackle, Baltimore Oriole, House Finch, American Goldfinch, Red-headed Woodpecker, Yellow-bellied Sapsucker, Downy Woodpecker, Northern Flicker, Pileated Woodpecker, Eastern Wood-Pewee, Willow Flycatcher, Eastern Phoebe, Ash-throated Flycatcher, Couch's/Tropical Kingbird, White-eyed Vireo, Warbling Vireo, Scarlet Tanager, White-throated Sparrow, Tufted Titmouse, Swainson's Thrush, Wood Thrush, American Robin, Northern Bobwhite, Wild Turkey, Mourning Dove

# Little-leaf Viburnum or Small-leaved Arrowwood

**FRUITS** 

July - December

Viburnum obovatum

Dense suckering shrub native to wetland habitats in Alabama, Georgia, Florida, and South Carolina. Steadily gaining popularity as a garden plant statewide in Louisiana.

#### **BIRDS**

Northern Cardinal

### **Arrowwood Viburnum**

Viburnum dentatum

**FRUITS** 

September - November

Native statewide throughout most all upland forest habitats, including more elevated portions of coastal spoilbank forests.

#### **BIRDS**

Hermit Thrush, Northern Flicker, Philadelphia Vireo, Red-eyed Vireo, Wood Thrush, Gray Catbird, White-throated Sparrow, White-crowned Sparrow, Eastern Phoebe, Eastern Bluebird, Gray-cheeked Thrush, Swainson's Thrush, American Robin

### CORNACEAE-

## **Rough-leaf Dogwood**

Cornus drummondii

**FRUITS** 

August - October

Native statewide along woodland edges, roadsides, hedgerows, fallow fields. A "pioneer" species, most common during early stages of ecological succession from fallow field to forested habitat.

#### **BIRDS**

Red-bellied Woodpecker, Downy Woodpecker, Acadian Flycatcher, Alder Flycatcher, Willow Flycatcher, Least Flycatcher, Great-crested Flycatcher, Eastern Kingbird, White-eyed Vireo, Red-eyed Vireo, Blue Jay, Eastern Bluebird, Veery, Hermit Thrush, Northern Mockingbird, Brown Thrasher, European Starling, Yellow-rumped Warbler, Yellow-breasted Chat, Summer Tanager, Northern Cardinal, Red-headed Woodpecker, Northern Flicker, Pileated Woodpecker, Blue-headed Vireo, Philadelphia Vireo, Tree Swallow, Gray-cheeked Thrush, Wood Thrush, American Robin, Scarlet Tanager, Purple Finch, Rose-breasted Grosbeak, Northern Bobwhite

# **Flowering Dogwood**

Cornus florida

**FRUITS** 

August - December

Native statewide in the interior of sandy-loam Mixed Pine-Hardwood Forests and Riparian Forests; frequently planted in garden settings.

#### **BIRDS**

American Robin, Northern Mockingbird, Cedar Waxwing, White-throated Sparrow, Northern Cardinal, Northern Bobwhite, Red-headed Woodpecker, Red-bellied Woodpecker, Yellow-bellied Sapsucker, Downy Woodpecker, Northern Flicker, Pileated Woodpecker, Eastern Bluebird, Gray-cheeked Thrush, Swainson's Thrush, Hermit Thrush, Wood Thrush, Wild Turkey, Brown Thrasher, Wood Duck, Tufted Titmouse, Eastern Towhee, Dark-eyed Junco, Purple Finch, Common Grackle, Summer Tanager, Yellow-rumped Warbler

### **Tupelo Gum**

Nyssa aquatica

Native to Bald Cypress-Tupelo Swamps statewide.

**FRUITS** 

September - December

#### **BIRDS**

Rose-breasted Grosbeak, Wood Duck

### **Black Gum**

Nyssa sylvatica

**FRUITS** 

September - December

Native primarily to Mixed Pine-Hardwood Forests statewide.

#### **BIRDS**

Red-bellied Woodpecker, Yellow-bellied Sapsucker, Downy Woodpecker, Hairy Woodpecker, Pileated Woodpecker, Eastern Kingbird, Swainson's Thrush, Hermit Thrush, Wood Thrush, Gray Catbird, Northern Mockingbird, Brown Thrasher, Cedar Waxwing, Summer Tanager, Rose-breasted Grosbeak, Red-headed Woodpecker, Northern Flicker, Northern Bobwhite, Wild Turkey, Red-eyed Vireo, Scarlet Tanager, Purple Finch, Blue Jay, American Crow, Eastern Bluebird, American Robin, Veery, Gray-cheeked Thrush, Wood Duck, European Starling

### **CUPRESSACEAE**

### **Eastern Red Cedar**

Juniperus virginiana

**FRUITS** 

September - January

Native statewide along woodland edges, roadsides, hedgerows, fallow fields. A "pioneer" species most common in the early stages of ecological succession from fallow field to forested habitat.

#### BIRDS

Townsend's Solitaire, House Finch, Yellow-bellied Sapsucker, Northern Flicker, Willow Flycatcher, Eastern Phoebe, Tree Swallow, Eastern Bluebird, American Robin, Swainson's Thrush, Hermit Thrush, Yellow-rumped Warbler, Purple Finch, Cedar Waxwing, Wild Turkey, Northern Bobwhite, Blue Jay

### **EBENACEAE**

### **American Persimmon**

Diospyros virginiana

**FRUITS** 

September - November

Native statewide within most upland and lowland forest types, including coastal forests.

#### **BIRDS**

Ruby-throated Hummingbird, Blue Jay, Fish Crow, Northern Mockingbird, Common Grackle, Baltimore Oriole, Wild Turkey, Pileated Woodpecker, Eastern Phoebe, Eastern Bluebird, American Robin, Yellow-rumped Warbler, Northern Bobwhite, Gray Catbird, Cedar Waxwing

### EBENACEAE -

# **Hairy Huckleberry**

Gaylussacia mosieri

**FRUITS** 

June - October

Native shrub in pine forests restricted to the eastern Florida parishes. Often listed as "Huckleberry spp." as numerous huckleberry species exist throughout the U.S., including at least two additional native species in Louisiana.

#### **BIRDS**

Summer Tanager, Northern Bobwhite, Wild Turkey, Mourning Dove, Red-bellied Woodpecker, Northern Flicker, Pileated Woodpecker, Great-crested Flycatcher, Eastern Kingbird, Blue Jay, Tufted Titmouse, Veery, Wood Thrush, American Robin, Gray Catbird, Scarlet Tanager, Orchard Oriole, Eastern Bluebird, Northern Mockingbird, Northern Cardinal, Eastern Towhee

## **Tree/Winter Huckleberry**

Vaccinium arboreum

**FRUITS** 

November - January

Small tree native to sandy-loam soils in pine forests statewide. Generically more closely related to the blueberry species than to huckleberry species.

#### **BIRDS**

Summer Tanager, White-throated Sparrow, Dark-eyed Junco

### **Blueberries**

Vaccinium spp.

**FRUITS** 

June - September

Over 10 species native to Louisiana mostly restricted to acidic sandy-loam soils of the pinelands. Numerous commercial orchards growing horticultural selections are also dotted throughout the state.

#### **BIRDS**

Gray Catbird, Northern Mockingbird, Northern Cardinal, Downy Woodpecker, Northern Flicker, Great-crested Flycatcher, Eastern Kingbird, Red-eyed Vireo, Blue Jay, Eastern Bluebird, Wood Thrush, American Robin, Brown Thrasher, Carolina Chickadee, Tufted Titmouse, Yellow-breasted Chat, Eastern Towhee, White-throated Sparrow, Orchard Oriole, Baltimore Oriole, Wild Turkey, Scarlet Tanager, Northern Bobwhite, Eastern Phoebe, Summer Tanager, Prothonotary Warbler

#### LAURACEAE

# **Camphor Tree**

Cinnamomum camphora

**FRUITS** 

October - December

Oriental native evergreen tree; once widely planted in the southern portion of the state; occasionally escapes cultivation, especially within the coastal zone forests.

#### **BIRDS**

American Robin, Cedar Waxwing, Orange-crowned Warbler, Tropical Parula, Yellow-rumped Warbler

# **Spicebush**

Lindera benzoin

**FRUITS** 

August - October

Native shrub; widely scattered through the interior portions of various forested habitats statewide – including mixed pine-hardwood, upland hardwood, and even in elevated portions of bottomland hardwoods – but nowhere common. Absent from coastal forests.

#### **BIRDS**

White-eyed Vireo, Philadelphia Vireo, Veery, Swainson's Thrush, Gray-cheeked Thrush, Wood Thrush, Gray Catbird, Northern Mockingbird, Brown Thrasher, Northern Flicker, Great-crested Flycatcher, Eastern Kingbird, Red-eyed Vireo, Hermit Thrush, American Robin, Mourning Dove, White-throated Sparrow, Northern Cardinal

# **Red Bay**

Persea borbonia/palustris

**FRUITS** 

September - November

Native evergreen tree; uncommonly distributed within moist sites of pine, mixed pine-hardwood, and hardwood forests, including riparian forest habitats. Most common in spoilbank forests within the coastal parishes.

### BIRDS

Eastern Kingbird, Wild Turkey, Red-eyed Vireo, Eastern Bluebird, American Robin, Northern Bobwhite

### Sassafras

Sassafras albidum

**FRUITS** 

July - October

Native; scattered widely throughout many forest types statewide; most common in Mixed Pine Hardwood Forests and Upland Hardwood Forests in northern half of the state; more scantily distributed southward into the upper portions of the coastal zone.

#### BIRDS

Red-bellied Woodpecker, American Robin, Yellow-bellied Sapsucker, Pileated Woodpecker, Eastern Phoebe, Great-crested Flycatcher, Eastern Kingbird, Red-eyed Vireo, Hermit Thrush, Wild Turkey, Northern Bobwhite, Northern Mockingbird, Downy Woodpecker, Northern Flicker, Gray Catbird

### MAGNOLIACEAE-

# Southern Magnolia

Magnolia grandiflora

**FRUITS** 

August - December

Native to most upland forest types statewide; widely planted in gardens/landscapes.

#### **BIRDS**

Mourning Dove, White-winged Dove, Red-headed Woodpecker, Red-bellied Woodpecker, Yellow-bellied Sapsucker, Hairy Woodpecker, Pileated Woodpecker, Scissor-tailed Flycatcher, Eastern Kingbird, Red-eyed Vireo, Blue Jay, American Crow, Wood Thrush, American Robin, Gray Catbird, Northern Mockingbird, Northern Cardinal, Rose-breasted Grosbeak

# **Big-leaf Magnolia**

Magnolia macrophylla

**FRUITS** 

August - November

Native deciduous tree sparsely distributed along higher sandy-loam creek banks of Mixed Pine Hardwood Forests in Florida parishes and the northern half of the state.

#### **BIRDS**

Blue-headed Vireo, Northern Flicker

### **Sweetbay Magnolia**

Magnolia virginiana

**FRUITS** 

July - October

Native to open boggy woodlands within Mixed Pine-Hardwood Forests statewide; widely planted elsewhere.

#### **BIRDS**

White-eyed Vireo, Eastern Kingbird, Red-eyed Vireo, Wood Thrush, American Robin, Northern Mockingbird, Eastern Kingbird

### MALVACEAE -

# Turk's Cap

Malvaviscus arboreus drummondii

**FRUITS** 

September - October

Understory shrub native to Chenier Forests and other coastal woodlands; widely planted in gardens statewide.

#### **BIRDS**

Northern Mockingbird, Brown Thrasher, Northern Cardinal

### **MELIACEAE**

# **Chinaberry Tree**

Melia azedarach

**FRUITS** 

October - January

Oriental native, once widely planted throughout the southeastern U.S. including statewide in Louisiana; escapes into the wild, but generally not invasively so.

#### **BIRDS**

Couch's/Tropical Kingbird, American Robin, Northern Mockingbird, Northern Cardinal, Gray Catbird

### MENISPERMACEAE

# Carolina Moonseed *or*Snailseed

Cocculus carolinus

**FRUITS** 

October - January

Native evergreen vine, widely distributed through many forest types statewide, including bottomland hardwood forests of the coastal zone.

#### **BIRDS**

Eastern Phoebe, Northern Mockingbird, Brown Thrasher, Cedar Waxwing, Summer Tanager, White-throated

### MORACEAE

# Mulberry spp.

Morus rubra/alba/nigra

**FRUITS** 

April - July



Includes native Red Mulberry (dull/rough leaves) along with the exotic White Mulberry (shiny/smooth leaves) and Black Mulberry (shiny/smooth leaves). Both Red and White Mulberries – along with hybrids thereof – are widely distributed through many forest types statewide; widely planted and frequently occurring in urban waste areas as well.

#### BIRDS

Red-headed Woodpecker, Red-Bellied Woodpecker, Great-crested Flycatcher, Eastern Kingbird, Mourning Dove, White-winged Dove, Inca Dove, Eurasian Collared-Dove, American Crow, Red-eyed Vireo, Eastern Bluebird, Graycheeked Thrush, Swainson's Thrush, Gray Catbird, Northern Mockingbird, European Starling, Cedar Waxwing, House Sparrow, House Finch, Yellow-rumped Warbler, Tennessee Warbler, Blackpoll Warbler, Yellow Warbler, Prothonotary Warbler, Yellow-breasted Chat, Chipping Sparrow, White-throated Sparrow, Summer Tanager, Scarlet Tanager, Northern Cardinal, Rose-breasted Grosbeak, Common Grackle, Orchard Oriole, Baltimore Oriole, Brown-headed Cowbird, Painted Bunting, Indigo Bunting, Northern Flicker, Tufted Titmouse, Wood Thrush, American Robin, Wild Turkey, Northern Bobwhite, Red-cockaded Woodpecker, Eastern Towhee, Brown Thrasher, Yellow-bellied Cuckoo, Warbling Vireo, Cape May Warbler, Bay-breasted Warbler, Song Sparrow, Boat-tailed Grackle, Brown Thrasher, Laughing Gull, and Great Kiskadee

# **Common Fig**

Ficus carica

FRUITS June - July

Oriental native, deciduous tree or large shrub that grows wild in dry and sunny areas, with deep and fresh soil.

#### **BIRDS**

Red-bellied Woodpecker, Downy Woodpecker, Pileated Woodpecker, Northern Mocking, Gray Catbird, Brown
Thrasher, Blue Jay

### **OLEACEAE**

# **American Fringetree**

Chionanthus virginicus

**FRUITS** 

August - October

Native to Mixed Pine-Hardwood Forests statewide; widely planted in landscapes statewide.

#### **BIRDS**

Northern Cardinal, Wild Turkey, Northern Bobwhite, American Robin, Northern Mockingbird

## **Wax-leaf Ligustrum**

Ligustrum japonicum/lucidum

**FRUITS** 

October - February

Widely planted Oriental exotic tree within the coastal zone; frequently escapes into bottomland hardwood forest habitats within this region.

#### **BIRDS**

Ash-throated Flycatcher, Rose-breasted Grosbeak

### **Chinese Privet**

Ligustrum sinense

**FRUITS** 

October - March

Widely planted Oriental shrub statewide. Invasive exotic throughout most pine and hardwood forests statewide.

#### **BIRDS**

Yellowbellied Sapsucker, Ash-throated Flycatcher, White-eyed Vireo, Hermit Thrush, American Robin, Cedar Waxwing, Yellow-rumped Warbler, Western Tanager, Harris's Sparrow, White-throated Sparrow, White-crowned Sparrow, Northern Cardinal, Purple Finch, House Finch, American Goldfinch, Northern Mockingbird, Eastern Bluebird

### **Devilwood**

Osmanthus americanus

**FRUITS** 

September - December

Native only to the eastern Florida parishes, but planted in other parts of the state by native plant enthusiasts.

#### BIRDS

Yellow-bellied Sapsucker

### **PHYTOLACCACEAE**

# **Pokeberry**

Phytolacca americana

**FRUITS** 

July - September

Native to the woodland edges of most forest types statewide; also roadsides, hedgerows, fallow fields, and other waste areas.

#### **BIRDS**

Eastern Kingbird, Eastern Bluebird, American Robin, Gray Catbird, Northern Mockingbird, Brown Thrasher, House Sparrow, Nashville Warbler, Yellow-breasted Chat, Summer Tanager, Northern Cardinal, Chipping Sparrow, Painted Bunting, Indigo Bunting, Baltimore Oriole, House Finch, Mourning Dove, Warbling, Red-bellied Woodpecker, Yellow-bellied Sapsucker, Downy Woodpecker, Northern Flicker, Eastern Wood-Pewee, Eastern Phoebe, Great-crested Flycatcher, Blue Jay, American Crow, Gray-cheeked Thrush, Swainson's Thrush, Red-eyed Vireo, Orchard Oriole

### **PODOCARPACEAE**

# **Japanese Yew**

Podocarpus macrophyllus

**FRUITS** 

October - January

Exotic Oriental evergreen tree; planted in gardens statewide.

#### **BIRDS**

Eastern Kingbird, Summer Tanager, Northern Cardinal, Veery, Wood Thrush

### RHAMNACEAE

# **American Fringetree**

Berchemia scandens

**FRUITS** 

September - December

Native vine widely distributed throughout most forest types statewide.

#### **BIRDS**

Yellowbellied Sapsucker, White-eyed Vireo, Eastern Bluebird, Hermit Thrush, Cedar Waxwing, Purple Finch, House Finch, Northern Bobwhite, Wild Turkey, Rose-breasted Grosbeak, Mallard, Wood Duck

### **Carolina Buckthorn**

Frangula caroliniana

**FRUITS** 

August - November

Native small deciduous tree distributed in mixed pine-hardwood forests statewide

#### **BIRDS**

American Robin, Northern Mockingbird, Northern Cardinal, Purple Finch, Pileated Woodpecker, Gray Catbird

### ROSACEAE

# Hawthorn spp.

Crataegus spp.

**FRUITS** 

October - January

A large North American genus of small trees which includes 13 species native to Louisiana. Most of Louisiana's species are restricted in distribution to the northern half of the state. Parsley Haw (*C. marshallii*) and Green Haw (*C. viridis*) extend well south, with the latter reaching the coastal parishes, mostly associated with bottomland hardwood forests. Found in open woodlands, woodland edges, roadsides, fallow fields, and other sunny locales.

#### **BIRDS**

Least Flycatcher, Hermit Thrush, American Robin, Gray Catbird, White-throated Sparrow, Northern Cardinal, Blue Jay, Eastern Bluebird, Northern Bobwhite, Northern Mockingbird, Rose-breasted Grosbeak, Fox Sparrow, Cedar Waxwing, Wild Turkey, Wood Duck, Northern Flicker

### Loquat or Japanese Plum

Eriobotrya japonica

**FRUITS** 

February - May

Small exotic evergreen tree planted ornamentally throughout the southern half of the state.

### **BIRDS**

Cedar Waxwing, Rose-breasted Grosbeak, Baltimore Oriole

## **Red-tip Photinia**

Photinia glabra

**FRUITS** 

September - December

A native Japanese evergreen shrub once widely planted in hedge configuration. Diseases have caused it to fall out of favor and it is not presently used as often; however old/healthy specimens persist in various places.

#### **BIRDS**

**Cedar Waxwing** 

### Common Pear

Pyrus communis

**FRUITS** 

July - September

Also known as "cooking pear" in the South. Traditionally planted around many rural home sites, urban/suburban plantings of this Eurasian species are presently increasing as a result of "edible landscaping" and "permaculture" enthusiasts. Trees are long-lived in Louisiana, often persisting at abandoned rural home sites.

#### **BIRDS**

Ruby-throated Hummingbird, Red-bellied Woodpecker, Downy Woodpecker, Northern Flicker, Pileated Woodpecker, Carolina Chickadee, Tufted Titmouse, Pine Warbler, Northern Cardinal

# **Black Cherry**

Prunus serotina

**FRUITS** 

March - July

Medium to large deciduous tree widely distributed in various (mostly upland) forested habitats throughout the state, including the coastal parishes.

#### **BIRDS**

Red-headed Woodpecker, Red-bellied Woodpecker, Pileated Woodpecker, Eastern Kingbird, American Crow, Swainson's Thrush, Gray Catbird, European Starling, Cedar Waxwing, Yellow-breasted Chat, Summer Tanager, Rose-breasted Grosbeak, Northern Bobwhite, Northern Flicker, Great-crested Flycatcher, Blue Jay, Eastern Bluebird, American Robin, Veery, Gray-cheeked Thrush, Wood Thrush, Northern Cardinal, Baltimore Oriole, Willow Flycatcher, Brown Thrasher, Common Grackle, Eastern Phoebe, Brown-headed Cowbird, Hermit Thrush, Northern Mocking bird

# **Cherry Laurel**

Prunus Caroliniana

**FRUITS** 

August - September

Dense shrub or small tree distributed in the Coastal Plains. Prefers low woods; maritime forests; fields; thickets and the moist, well-drained soils of its natural range

#### **BIRDS**

American Robin, Cedar Waxwing

# **Dewberry**

Rubus spp.

**FRUITS** 

April - May

A sprawling shrub with woody, tangled stem that grows in swamps, flood plains, and bottomlands.

#### **BIRDS**

Scarlet Tanager, Rose-breasted Grosbeak

### RUBIACEAE

### **Firebush**

Hamelia patens

**FRUITS** 

November - January

A Caribbean native shrub planted in gardens as a hummingbird nectar plant throughout the lower Gulf Coastal Plain. In mid to late-winter it produces clusters of dark, flattened, oval-shaped fruits.

#### **BIRDS**

Blue Jay, Northern Mockingbird, Northern Cardinal

### **RUTACEAE**

# **Prickly Ash**

Zanthoxylum clava-herculis

**FRUITS** 

July - September

Also known as "Toothache Tree" this small native deciduous tree is locally common statewide in sunny locales of many forested habitats, roadsides, and hedgerows. A major component of coastal forests, especially along Louisiana's southwestern coast.

#### **BIRDS**

Eastern Wood-Pewee, Willow Flycatcher, Great-crested Flycatcher, Eastern Kingbird, White-eyed Vireo, Philadelphia Vireo, Red-eyed Vireo, Swainson's Thrush, Northern Cardinal, White-winged Dove

### **SMILACACEAE** -

### **Catbrier**

Smilax spp.

**FRUITS** 

August - February

Also known as "Greenbrier" this genus of evergreen vines includes 10 species native to Louisiana, most of which are widely distributed throughout the state throughout many forested habitats.

#### **BIRDS**

Ash-throated Flycatcher, Blue-headed Vireo, Hermit Thrush, Cedar Waxwing, Green-tailed Towhee, White-throated Sparrow, Wild Turkey, Fox Sparrow, Red-headed Woodpecker, Red-bellied Woodpecker, Yellow-bellied Sapsucker, Northern Flicker, Pileated Woodpecker, Eastern Phoebe, Eastern Bluebird, American Robin, Veery, Gray-cheeked Thrush, Swainson's Thrush, Northern Mockingbird, Northern Bobwhite, Northern Cardinal, Gray Catbird, Purple Finch

### **SOLANACEAE**

## **Bird Pepper**

Capsicum annuum glabriusculum

**FRUITS** 

August - January

Small native perennial shrub limited in natural Louisiana distribution to coastal forests. Gaining popularity among "bird gardeners" and native plant enthusiasts statewide.

#### **BIRDS**

Ash-throated Flycatcher, Northern Mockingbird, Northern Cardinal

### **Night-blooming Jessamine**

Cestrum nocturnum

**FRUITS** 

August - December

A semi-tropical shrub native to the West Indies, widely planted in garden settings within the coastal zone; has exhibited invasiveness in New Orleans (horticultural zone 9), but no such reports from other urban areas in which it is used.

#### **BIRDS**

Northern Mockingbird

### **Salt-matrimony Vine**

Lycium carolinianum

**FRUITS** 

August - December

Also known as "Carolina Wolfberry" and "Carolina Desert Thorn" this native perennial decumbent shrub is restricted to dune and coastal forest edge habitats along the beaches of the coastal parishes.

#### **BIRDS**

Great-crested Flycatcher, Eastern Kingbird, Hermit Thrush, White-crowned Sparrow, Black-headed Grosbeak,
Whooping Crane

# **ULMACEAE**

# Hackberry

Celtis laevigata

**FRUITS** 

July - February

Also known as "Sugarberry" this native tree is distributed across many forested habitats statewide, especially moist hardwood-dominated floodplain habitats including bottomland hardwood forests and coastal forests.

#### **BIRDS**

Red-bellied Woodpecker, Yellow-bellied Sapsucker, Acadian Flycatcher, Least Flycatcher, Eastern Phoebe, Ashthroated Flycatcher, Great-crested Flycatcher, Eastern Kingbird, Couch's/Tropical Kingbird, Loggerhead Shrike, Red-eyed Vireo, Carolina Chickadee, Tufted Titmouse, Blue-gray Gnatcatcher, Eastern Bluebird, Mountain Bluebird, Hermit Thrush, Swainson's Thrush, American Robin, Gray Catbird, Northern Mockingbird, Sage Thrasher, Brown Thrasher, European Starling, Cedar Waxwing, Nashville Warbler, Magnolia Warbler, Yellow-breasted Chat, Summer Tanager, Spotted Towhee, White-throated Sparrow, Dark-eyed Junco, Northern Cardinal, Rusty Blackbird, Common Grackle, Purple Finch, House Finch, American Goldfinch, Northern Flicker, Pileated Woodpecker, Swainson's Thrush, Eastern Towhee, Wild Turkey.

### VERBENACEAE

# **American Beautyberry**

Callicarpa americana

**FRUITS** 

July - November

Also known as "French Mulberry" or "Inkberry" this native deciduous shrub is widely distributed throughout most forested habitats statewide, including natural levees, ridges, spoilbanks, and other elevated areas of bottomland hardwood forests. Mostly absent from coastal forests.

#### **BIRDS**

Eastern Kingbird, Red-eyed Vireo, Carolina Chickadee, Ruby-crowned Kinglet, Swainson's Thrush, American Robin, Gray Catbird, Northern Mockingbird, Brown Thrasher, Cedar Waxwing, Summer Tanager, Scarlet Tanager, White-throated Sparrow, Dark-eyed Junco, Northern Cardinal, Rose-breasted Grosbeak, Wood Thrush, Eastern Towhee, Northern Bobwhite, Purple Finch

### **Mexican Beautyberry**

Callicarpa mexicana

**FRUITS** 

August - October

Exotic. From one specimen growing in Lafayette parish.

#### **BIRDS**

**Gray Catbird** 

#### Lantana

Lantana camara/urticoides

**FRUITS** 

August - November

Two species of exotic/tropical shrubs which have naturalized throughout the Louisiana coastal zone; planted as "hummingbird/butterfly" specimens in the southern half of the state as well.

#### **BIRDS**

Gray Catbird, Northern Mockingbird

### **VERBENACEAE**

#### Mistletoe

Phoradendron leucarpum/tomentosum

**FRUITS** 

September - January

Native throughout numerous wooded habitats statewide; more abundant in northern half of the state.

#### **BIRDS**

Eastern Bluebird, Northern Mockingbird, Cedar Waxwing

### VITACEAE

# Sorrelvine or Ivy Treebine

Cissus trifoliata

**FRUITS** 

July-October

Widely distributed but only locally common within dry/sandy habitats statewide. Most commonly encountered within coastal Chenier habitats and other sandy coastal woodlands.

#### **BIRDS**

Northern Mockingbird

# **Peppervine**

Cissus trifoliata

**FRUITS** 

July - October

Abundantly distributed native vine. Most common along woodland edges, hedgerows, roadsides.

#### **BIRDS**

Red-bellied Woodpecker, Veery, Swainson's Thrush, Brown Thrasher, Summer Tanager, Northern Cardinal

# **Virginia Creeper**

Parthenocissus quinquefolia

**FRUITS** 

August - November

Abundantly distributed native vine throughout most forested habitats statewide.

#### **BIRDS**

Red-bellied Woodpecker, Yellow-bellied Sapsucker, Downy Woodpecker, Northern Flicker, Eastern Kingbird, Eastern Phoebe, White-eyed Vireo, Philadelphia Vireo, Red-eyed Vireo, American Crow, Fish Crow, Eastern Bluebird, Veery, Swainson's Thrush, Hermit Thrush, Wood Thrush, American Robin, Gray Catbird, Northern Mockingbird, Brown Thrasher, European Starling, Orange-crowned Warbler, Summer Tanager, Scarlet Tanager, Northern Cardinal, Common Grackle, Redheaded Woodpecker, Pileated Woodpecker, Hairy Woodpecker, Tufted Titmouse, Fox Sparrow, Great-crested Flycatcher, Tree Swallow, Carolina Chickadee

# Wild Grape spp.

Vitis spp.

**FRUITS** 

July - December

Eight native species distributed throughout most forested habitats statewide. *V. mustangensis* is an important component of coastal forests.

#### **BIRDS**

Blue-headed Vireo, Blue Jay, Carolina Chickadee, American Robin, Gray Catbird, Northern Mockingbird, Cedar Waxwing, Yellow-rumped Warbler, Summer Tanager, Northern Cardinal, Rose-breasted Grosbeak, Orchard Oriole, Baltimore Oriole, Red-bellied Woodpecker, Yellowbellied Sapsucker, Pileated Woodpecker, Great-crested Flycatcher, Couch's/Tropical Kingbird, Eastern Kingbird, White-eyed Vireo, Philadelphia Vireo, Red-eyed Vireo, Gray-cheeked Thrush, Swainson's Thrush, Hermit Thrush, Wild Turkey, Red-headed Woodpecker, Northern Flicker, Warbling Vireo, American Crow, Fish Crow, Tufted Titmouse, Brown Thrasher, Sage Thrasher, Scarlet Tanager, Eastern Towhee, Fox Sparrow, Pine Warbler, Rusty Blackbird, Purple Finch, Wood Duck, Northern Bobwhite